

Annual Report 2012 - 2013



Bristol Older

People's Forum

The voice of over 55s

Improving quality of life for over 55s

Financially Supported by Bristol City Council

Canningford House

38 Victoria Street

Bristol

BS1 6BY

01179279222

bopf@ageukbristol.org.uk

www.bopf.btck.co.uk

Bristol Older People's Forum

The voice of over 55s, improving quality of life for over 55s

Welcome to the Forum.

The Older People's Forum is a completely independent, self-governing organisation. It is not part of the Council. The Forum began in 1993, and grew directly from the European Year of Older People and of Solidarity between Generations which took place in that year. Our founders' hopes were to raise the profile of older people, locally, nationally and internationally, and to achieve for Bristol pensioners the same rights, influence, security and income enjoyed by older people in most other European countries. There have been some achievements, but we still have a long way to go.

The Forum is run by an elected management committee, holds open meetings every two months as well as a monthly campaign meeting. The Forum publishes a free newsletter several times each year, and also organises opinion surveys to find out what older people in Bristol really think about public issues. Membership is free to Bristol residents over 55. There is no membership fee, although we do invite donations. The Forum has a close relationship with the Council, with Age UK and with the National Pensioners Convention. We are funded by grants and donations, primarily from Bristol City Council.



Bristol Older People's Forum is an unincorporated community association

Table of contents

About the Forum.....	3
Our values lie at the heart of everything we do:.....	3
Chair's Annual Report.....	4
The Past Year.	4
Community Influence.	5
Celebrating Age.	6
Engaging and Informing.	6
Campaigning.	7
Successful engagement.....	7
Your comments and feedback.	7
Campaign Issues.....	7
Membership.	7
BOPF Financial Report.....	9
2012 - 2013.....	9
Bristol Older People's Forum	10
Year End Accounts 2012 -13	10
Depreciation Calculations	11
BOPF Budget Forecast 2013-14	12
The Year Ahead.	12
The Year Ahead.	13
Forum Annual General Meeting.....	14
AGENDA	14
Meeting of the Bristol Older People's Forum Annual General Meeting.....	14
Meeting of the Bristol Older People's Forum Annual General Meeting.....	15
at Broadmead Baptist Church on Thursday 17 th May 2012.	15
Management Committee Elections.	15
Management Committee Elections.	16
New Nominees.....	16
BOPF Meeting Dates 2013- 2014.....	17
How to contact us or get involved.	21
How you can get involved:	21

About the Forum.

Vision: All over 55s living in Bristol are happy with their quality of life, have the goods and services they require, are treated equally, listened to by decision makers, no longer feel isolated and have the opportunity to participate in the community

Mission: to give a voice to all over 55s, facilitate their representation into citywide decision making processes and promote the equality and inclusion of all people over 55 in Bristol.

Aim: Every person over 55 is an equal, valued, and participating member of the community who can influence the decisions which affect their lives. We will:

- **Engage:** give a voice to over 55s of all ethnicities, genders, sexual orientations, religions and abilities, empowering them to eliminate discrimination and influence the decisions which affect their lives
- **Influence:** co-ordinate opportunities for all over 55s to engage with service providers in order to provide fairer services which better meet their needs.
- **Educate:** the public and engage with isolated over 55s by conducting or participating in research and events to raise awareness of issues affecting over 55s so older people are better valued and understood by the community.

Our values lie at the heart of everything we do:

Respect, Trust, Commit, Make a difference

- We act **Respectfully**: we behave respectfully to each other and the rest of the community. When we talk about respect we mean compassion, open mindedness, empathy and self respect.
- We can be **Trusted**: our organisation is run by over 55s for over 55s so our members can trust that we will always work in their interests
- We are **Committed**: we are committed to our vision and to those who work with us to achieve it. By this we mean volunteering, partnership, understanding and friendliness.
- We do **Make a Difference**: by engaging with, empowering and giving a voice to all over 55s.



Chair's Annual Report.

"They say life is change, and hasn't 2013 kept us on our toes!

So many Government Reports to read, so many consultations to take part in, a new elected Mayor for the first time in our history- no-one can say Bristol is dull!

Actually Its "Brilliant in Bristol" is one of the tag lines for this year's Celebration of Age Festival, when we want to show all the talent we have here in older Bristolians - hope your community will be taking part. We have a fabulous series of events for you between June 24th and July6th.

Looking back, Rosie left us after a year to manage a large neighbourhood in London, and we welcomed Toni. Yolanda is still keeping us on the financial straight and narrow, thank you to everyone who responded to our annual appeal which as ever, made that vital difference to the budget.

Sadly, the lunch Angela Auset worked so hard to arrange, for our more isolated members, our "New Year Cheer" lunch, was wiped out by the snow. John Taylor, also of our management committee, had fund raised the transport costs needed, but their valiant work was not wasted and we hope the lunch will now be held in Celebration of Age 's big day, in City Hall- June 29th this year(to give you an extra week of celebration events to enjoy after it). So what have we achieved with all our work? For last year's campaigns you chose cycling on pavements, health, fuel poverty and the bus pass. Thousands of you signed to keep the free bus pass and our petition was presented to Parliament by my MP Dawn Primarolo, went through the Transport Committee, and was recorded in Hansard. MPs can be in no doubt we want our bus pass!

We raised awareness throughout Bristol of cyclists on pavements, led by member Ruth Bailey, (our meeting in St. Paul's showed the depth of feeling in the community), thanks for all your help there Gloria! The City Council held an event about cycling at which I spoke, and presented the evidence list you made of pavements on which you had seen dangerous cycling, and the 20 mph limit is being rolled out to keep cyclists safe and off the pavements, and we have at least one new cycle path.

Keith Evans, Angela and I represented you on the patient organisation LINKs, soon to be replaced by 'Healthwatch' , and we visited Homes, Hospital wards. Our GP survey is ongoing. I am still a co-optee on the Health and Social Care Committee of BCC, and on the Safeguarding Board. We have helped all three local universities with research on on-going pain, multi-illness sufferers, and much more.

Management member Zia Haque, and John Taylor, have represented us on the South West Seniors' Network, and Zia has started inter-generational work with a large local Academy.

We have had a very varied programme of speakers, including the new Police and Crime Commissioner, who came to talk and hear what we feel about elder abuse/Hate Crime. Thanks to Elaine Hutton for all her hard work.

Our long-term campaign to keep public loos open, led by Val Jenkins, paid off when Mayor Ferguson changed his mind about their closure. We fought in the Neighbourhood Partnerships to keep the Police presence in the City Budget. Again, the Mayor listened and my persistence about including older people who are not on e-mail, in public consultations, paid off when the Mayor agreed to have a telephone number where you can request a paper copy and have your views included. There is really too much to tell you in this short report, but we get our grant because we are worth it! This year we will be asking you to fill-in and return our bi-annual survey, to keep the Council up to date with the reality of our lives.

I know I speak for all in BOPF when I offer heartfelt thanks to retiring management members, former Chair, Pete Taplin, committee members Brian Richards and Ruth Bailey, all of whom served on the committee for many years, unstinting in their dedication, providing the Forum with leadership, continuity and commitment.

Thank you also to John Taylor and Judith Barnhurst who, though only joined recently, gave splendid account of themselves on the management committee. Your opinions, suggestions and advice will continue to be sought and valued, for as long as you care to offer them. Working with and for you has been a pleasure and a privilege. This will be my last year as Chair, so I will still be around, doing what I can for older people in Bristol, bossy as ever, until my successor takes over, in May 2014!"

Judith Brown, Chair of Bristol Older People's Forum

The Past Year.



BOPF and Golden Agers at Easton Community Centre.

Community Influence.

Our new Management Committee was elected at the beginning of the year. New Members included Zia Haque, Elaine Hutton, John Taylor and Judith Barnhurst. Di Parkin was also co-opted, later in the year. Management Members and Campaign Volunteers have been hard at work representing and giving a voice to over 55's across Bristol, raising forum members' concerns at influential meetings in the city and throughout the South West.

Among the meetings members attended were the Older People's Partnership Board, Health and Social Care and Community Cohesion and Safety Scrutiny Commissions, NP Transport Scrutiny, Women's Voice meetings, including a Women's Health group, to ensure women's issues are addressed. The LINKs, ITV Diversity Board, Avon Fire & Rescue Service, Bristol and South Gloucester Network, Voscur's Health and Social Care Network, Bristol Equalities Influence Network Group, Voscur, The Safeguarding Board, Bristol BME Elders, nine Neighbourhood Partnerships, Transport Scrutiny meetings, to name but a few!

We have given a voice, on behalf of members, to issues that affect us, visiting care homes and hospital wards. We have left a legacy document for the new HealthWatch, which came in on April the 1st, asking them to continue our work on nutrition and hospital discharge and the issues around the way people choose to die.

We always work to co-ordinate opportunities for older people to engage with service providers, so that their needs are met and we were pleased that Mayor Ferguson has agreed to provide a telephone number for people to engage in public consultations by having paper copies, to combat the growing digital exclusion of elders. Our City is still available in hardcopy, to those who request it. Elder abuse is always a problem and so is hate crime, we brought

this matter to the attention of the new Police and Crime Commissioner, when she came to one of our meetings. We also challenged a pop singer who made offensive public statements about old people and took it to the top of the BBC. Working with the National Pensioners' Convention, we raised that issue, across the national Press.

Other results we have achieved by attending these meetings:

- Following our campaign on cycling on pavements, the Council held a meeting at which the Chair presented the list of your experiences with cyclists on pavements.
- The 20 miles an hour speed limit is being rolled out across the City, so that cyclists will feel safer using the roads.

The Community Cohesion & Safety Commission recommends that the Information Snow Poster be widely circulated in the community at the beginning of each winter and in times of adverse weather conditions.

- When the Mayor announced the closure of public loos in Bristol, our years of campaigning to keep public loos open reached a peak and the decision was reversed.
- Our contribution to the Dementia Strategy helped the decision to build the first of three Dementia Homes and the establishment of a Dementia Care Pathway. These measures are working towards making Bristol a Dementia-friendly City. All hospitals have agreed a common Dementia strategy of training at all levels, cleaners to consultants.
- At Community Cohesion and Safety we supported several initiatives, amongst them:
 - Planet Southmead (tackling racial harassment, and myths about housing allocation), - project ended June 2013.
 - Schools Twinning Programme by Salaam Shalom Organisation (linking schools from two different area of Bristol, to help bring young people from different communities together)
- Although St. Paul's Carnival was cancelled this year, we ensured that we were present at the Malcolm X Centre and the Easton Community Centre,
- We promoted BOPF at Gay Pride, extending the hand of friendship to all elders.

Angela with the Lord Mayor



52 weeks a year...



Meeting the Police and Crime Commissioner at Easton

We believe that information means power.

We held 6 Open Forums across the year, one of them in Easton and one in St. Paul's, with information from:

Primary Care Dieticians, Sustrans, Senior Liaisons Police Team, the Chair of Young Bristol Committee, Red Cross Health and Social Care, the Prince's Trust, Bristol Women's Voice, including a Women' Health Forum, the Bristol Pound, LinkAge Befriending Service, Home Adaptations Team, Dementia Race Pathway, Scottish and Southern Electricity Community Liaisons, The Police and Crime Commissioner, the Centre for Sustainable Energy, Bath University Health Research Project, Bristol City Council's Senior Consultation Officer, and regular reports from the National Pensioner's Convention.

We are also becoming a resource for University students, several of who approached us to help with their research, over the past year.

Celebrating Age.



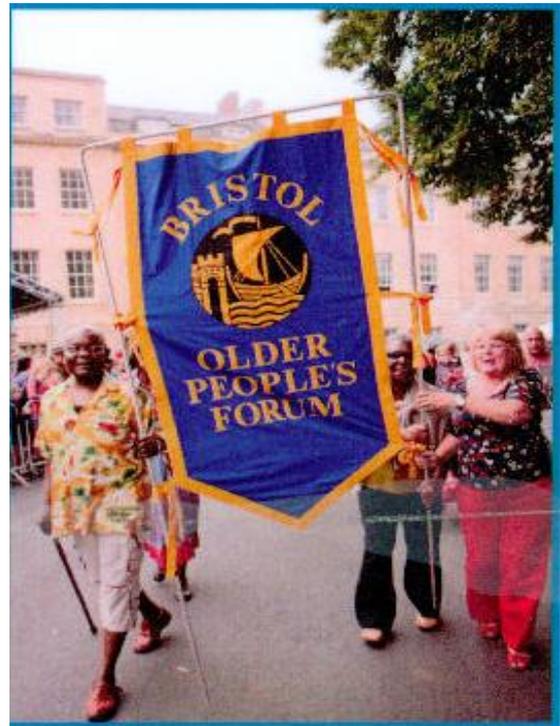
Hermie Samuels, Judith Brown and Gloria Morris
Celebrating Age Festival

Our Olympic-themed Celebration of Age involved three Bristolians, former Olympians and was a great success. People across the City engaged in healthy activities in the Olympic spirit and for the first time we gave awards for people nominated by their communities.

Pat Roberts received a special award for all her work, over the years, on the Festival committee.

The final Celebration of Age day saw two and a half thousand people through the doors of the Colston Hall, for all the entertainment and all the stalls.

Blast from the past: members marching!



Albert Stewart and Judith Brown at St Paul's Carnival

Engaging and Informing.

We want to ensure our Forum is a voice for all over 55s facing whatever form of discrimination and we are actively looking for more members from Black and Minority Ethnic groups and Lesbian, Gay, Bisexual and Transgender communities.

We would welcome more representation on our Management Committee; we do have facilities for co-option. This is a top priority for us in the coming year. Overall this has been a very full, successful year for all of us. We have met and even exceeded many of the targets agreed with Bristol City Council and look forward to another fruitful year. BCC's Consultations Department are now using our data from the last monitoring survey, highlighting our worth to the City.

Campaigning.



Judith and Angela celebrate Gay Pride

At the Annual General Meeting all members present were involved in choosing this year's campaigns.

We ask you in the monitoring form, at the end of every meeting, to write in issues that concern you. We put all the issues you chose on flipcharts and asked you to identify your top three priorities, with a red dot.

We added up the dots and there were our top three campaigns!

We ran a Cycling on Pavements campaign that arose huge interest in the media. We succeeded in raising the subject of dangers to cyclists in our campaign and the 20 mph speed limits will be spreading across the City, keeping the roads safe for cyclists, and the pavements safer for all of us.

Many older people worried about Digital Exclusion will be pleased to hear that, thanks to Judith's question in Full Council, we now have a telephone number to ring 0117922 2848 to join in consultations.

We had speakers on energy and asked you to ask your Neighbourhood Partnerships to be aware of people who need help with fuel poverty.

We are still looking at how GPs engage with patients, that campaign is still ongoing and even more necessary, because of the NHS changes. From the 1st of April GPs will be buying your healthcare directly.

Although our Bus Pass campaign was a success, we will need to re-visit it and make sure MPs continue to realise that we want that bus pass!

We look forward to finding out your choice for campaigns in 2013.

Successful engagement.

The Switch and Save campaign was advertised in our Winter, with Newsletter – issue 40 – and we had a call from the Centre for Sustainable Energy asking whether we were planning to publish another issue before April 15th, they had such a brilliant response they considered us the only communication channel that reached a significant number of older people in Bristol. In future they will advertise with us any initiatives aimed at over 55s.

Age UK Bristol, who contracted us to distribute their own energy assessment leaflet, also reported a brilliant take-up from our members.

Proof – if any were needed - that the Newsletter is growing in value, not only to those who receive it, but to those who advertise on it.

If you know of any group or organisation that could benefit from advertising on our newsletter, please point them in our direction.

We spend over a third of our income on posting out information to members, so advertising revenue is invaluable in helping us support this crucial link for our members. Thank you in advance!



Our thanks to our funders, voluntary sector partners and supporters for a brilliant year of cooperation!

Your comments and feedback.

We continue to gather the comments that members leave on their feedback forms, at meetings. Here is a sample of answers to the question "*What I like about BOPF*":

"The way you work for older people in Bristol "

"[I feel] able to discuss many issues and meet people"

"All subjects can be discussed"

"I like listening to speakers and meeting other older people"

"Information, informal, friendly and educational"

"A good crowd"

"Informative and social"

"Important information"

"Effective, active and friendly"

"Very friendly"

"Being able to say what I think"

Campaign Issues.

We have now signed our new funding agreement with Bristol City Council for the next three years, which secures our funding until March 2016. Below are the outcomes that this funding contracts us to deliver:

1. BOPF will positively influence media portrayals of older people.

BOPF will educate the Public about negative imagery and language that promote discrimination and Hate Crime, while, on the other hand, promoting *positive* messages and images about older people and ageing. We will use Photographs and articles, our Open Forum meetings and Contributions to mainstream media like radio, television and newspapers.

2. BOPF will influence policy development.

We shall contribute to public and private sector consultations to inform policy-making about issues that affect people over 55 with statutory and voluntary services. Conducting regular surveys and opinion polls on a broad range of topical issues to obtain direct input from people over 55 in Bristol and disseminate the statistical datasets to statutory, voluntary and private sector service providers, to inform policy-making and decisions.

3. BOPF will improve older people's awareness of available services

By disseminating information about outlets, organisations and services providers for people over 55, including complaints and redress for Tackling Discrimination, promoting best practice amongst outlets and service providers for keeping people over 55 informed on the best options, facilities and arrangements specific to them.

4. BOPF will increase older people's awareness and understanding of discrimination

By informing people over 55 of the new "Tackling Discrimination" service at **Avon and Bristol Law Centre**, encouraging people to use the service to report incidents of discrimination.

5. BOPF membership will better reflect Bristol's diverse communities

By conduct anonymous, bi-annual **Equalities Monitoring Surveys**, electronically as well as on paper, to capture information about older people's "protected characteristics": age, disability, ethnicity, gender, gender identity, faith, sexual orientation. KPI8: Published datasets, statistical analyses and graphical representation in publicly available Reports, in print, electronically and online.

6. BOPF will improve its reach to older people across protected characteristics

Interact with BME Elders' groups, AND Elders from Faith communities to capture their specific voices, viewpoints, concerns, criticisms and suggestions KPI10: Published report of interactions with BME groups, surveys, Open Meetings, events, letters, articles and stories by BME members and affiliated member organisations

Interact with older LGBT people to capture their specific voices, viewpoints, concerns, criticisms and suggestions KPI11: Published report of interactions with LGBT groups, surveys, Open Meetings, events, letters, articles and stories by LGBT members and affiliated member organisations

Campaigns 2013 -2014

Over the past 6 months we have asked members what issues they would like us to be campaigning on

We shall be collecting this information and present it at our AGM, to ask again that members choose their top 3 priorities for campaigning in 2013 -2013.

Membership.

The biennial monitoring survey will be going out in the next few months and that will enable us to update figures on the composition of our membership.

BOPF Financial Report

2012 - 2013

	Unrestricted Budget 2012-13 £	Restricted BCC Budget 2012-13 £	Total Budget £	Actual 2012-13 £	Last Year Actual 2011-12 £
Income					
BCC Grants					
Community Development		28,600.00	28,600.00	28,600.00	28,600.00
Health and Social Care		2,382.00	2,382.00	2,384.00	2,471.00
Other Grants	0.00		0.00	200.00	750.00
Annual Appeal	1,953.00		1,953.00	2,898.12	2,569.00
Misc Donations	50.00		50.00	290.00	165.00
Interest Received	15.00		15.00	22.44	23.44
Fund-raising (Fire & Rescue Xmas Raffle)				10.70	525.00
Newsletter Adverts	1,000.00		1,000.00	480.00	1,312.50
Meetings - teas & coffees	0.00		0.00	106.10	79.78
Judith Brown - Exp Allow				0.00	247.08
Total Income	3,018.00	30,982.00	34,000.00	34,991.36	36,742.80
Expenditure					
Salaries	1,368.56	13,745.00	15,113.56	15,412.42	14,976.88
Training	300.00	200.00	500.00	540.56	39.43
Age UK (rent, heat, light etc)	0.00	4,085.00	4,085.00	4,083.52	4,083.04
Telephone	0.00	300.00	300.00	288.92	278.24
Postage					
Newsletter	0.00	5,200.00	5,200.00	5,269.32	5,252.24
Surveys	0.00	0.00	0.00	0.00	0.00
Other	0.00	365.00	365.00	181.43	380.00
Printing & Stationery					
Newsletter	0.00	3,050.00	3,050.00	3,338.57	2,624.64
Surveys	0.00	0.00	0.00	0.00	102.17
Recruitment	0.00	0.00	0.00	0.00	0.00
Other	0.00	1,227.00	1,227.00	589.06	737.30
Office Equipment	250.00	0.00	250.00	625.96	205.00
Publications and Subscriptions	115.00	0.00	115.00	70.00	115.00
Insurance	30.00	320.00	350.00	519.48	341.75
Advertising and Promotion	0.00	30.00	30.00	180.00	60.00
Professional Fees	0.00	150.00	150.00	138.00	108.00
Meetings Expenses	0.00	2,060.00	2,060.00	2,153.84	2,167.41
Xmas party	0.00	0.00	0.00	252.00	383.97
Depreciation	0.00	0.00	0.00	0.00	0.00
Total Expenditure	2,063.56	30,732.00	32,795.56	33,643.08	31,855.07
Surplus (or Deficit)			1,204.44	1,348.28	4,887.73

Bristol Older People's Forum

Year End Accounts 2012 -13

Income and Expenditure Account 2012 - 13

Income	2012-13 £	2011-12 £
BCC Grant - Community Development	28,600.00	28,600.00
BCC Grant - Health and Social Care	2,384.00	2,471.00
Other Grants	200.00	750.00
Annual Appeal	2,898.12	2,569.00
Misc Donations	290.00	165.00
Interest Received	22.44	23.44
Fund Raising & Other	396.80	2,164.36
Total Income	<u>£34,791.36</u>	<u>£36,742.80</u>
 Expenditure		
Salaries	15,412.42	14,976.88
Training	540.56	39.43
Age UK (rent, heat, light etc)	4,083.52	4,083.04
Telephone	288.92	278.24
Postage - Newsletter	5,269.32	5,252.24
Surveys	0.00	0.00
Other	181.43	380.00
Printing and Stationery - Newsletter	3,338.57	2,624.64
Surveys	0.00	102.17
Recruitment	0.00	0.00
Other	589.06	737.30
Office Equipment	625.96	205.00
Publications and Subscriptions	70.00	115.00
Insurance	519.48	341.75
Advertising and Promotion	180.00	60.00
Professional Fees	138.00	108.00
Meetings Expenses	2,153.84	2,167.41
Xmas party	252.00	383.97
Depreciation	0.00	0.00
Total Expenditure	<u>£33,643.08</u>	<u>£31,855.07</u>
 Surplus (or Deficit)	 <u>£1,148.28</u>	 <u>£4,887.73</u>

Depreciation Calculations

	2012-13	2011-12
major items over 3 years		
	£	£
b/f	0.00	0.00
additions	0.00	0.00
disposals	NIL	NIL
depreciation	0.00	0.00
c/f	0.00	0.00

Statement of Financial Position for the year ending 31 March 2013

	2012-13	2011-12
	£	£
Non-current Assets	0.00	0.00
Current Assets		
Current Account	11,903.43	2,800.07
Deposit Account	23,071.63	24,600.57
Cash in Hand	25.05	52.69
Current Liabilities		
Prepaid Income (Com Dev grant)	-7035	-636.50
Net Current Assets	<u>£27,965.11</u>	<u>£26,816.83</u>
Represented by:		
Reserves b/f	£26,816.83	21,929.10
Surplus/Loss for Year	1,148.28	4,887.73
Reserves c/f	<u>£27,965.11</u>	<u>£26,816.83</u>
Being:		
Emergency Reserve	17,500.00	17,500.00
General Reserve	10,465.11	9,316.83
Total	<u>27,965.11</u>	<u>26,816.83</u>

BOPF Budget Forecast 2013-14

	Budget 2012-13	Budget 2013-14
	£	£
Income		
Restricted		
BCC Grants		
Community Development (core)	28,600.00	28,140.00
Health and Social Care	2,382.00	2,382.00
Unrestricted		
Other Grants	0.00	0.00
Annual Appeal	1,953.00	2,000.00
Misc Donations	50.00	50.00
Interest Received	15.00	21.60
Fund Raising (Fire & Rescue, Xmas Raffle)	0.00	0.00
Newsletter Adverts	480.00	1,000.00
Meetings - teas & coffees	106.10	100.00
Total Income	34,000.00	33,643.60
Expenditure		
Salaries	13,745.00	14,485.16
Training	500.00	0.00
Age UK (rent, heat, light etc)	4,085.00	4,085.00
Telephone	350.00	380.00
Postage		
Newsletter	5,000.00	5,175.00
Surveys	500.00	1,200.00
Other	500.00	738.00
Printing & Stationery		
Newsletter	3,027.00	3,528.00
Surveys	500.00	500.00
Recruitment	0.00	0.00
Other	750.00	750.00
Office Equipment	250.00	0.00
Publications and Subscriptions	115.00	115.00
Insurance	350.00	305.00
Advertising and Promotion	30.00	0.00
Professional Fees	108.00	110.92
Meetings Expenses	2,050.00	2,200.00
Xmas party	0.00	0.00
Depreciation	0.00	0.00
Total Expenditure	31,860.00	33,572.08
Surplus (or Deficit)	2,140.00	71.52

The Year Ahead.

We have worked closely with members and partners to set ambitious objectives for the year ahead:

Specific Aims

Objectives

Outcomes

Engage

Challenge negative images / attitudes to older people and instead **promote positive ones**, of older people as active, engaged members of society whose work and effort built our City, along with a lifetime of learning and experience!

- Plan campaigns and awareness-raising events,
- Publish Newsletter articles and photos
- Invite speakers to Open Forums
- Give interviews to mainstream media
- Use the internet, newsletter and neighbourhood partnerships
- Records of attendance & contribution at meetings
- Records of attendance & contributions at Focus groups
- Record of 1:1 interviews

Policy-makers respond to the needs and aspirations of service users.
Older people have a say in budget decisions and service provisions that affect their quality of life.
Service managers are confident that their services meet real needs of communities

Influence

Inform over 55s about their rights, how to access services and where to go to complain and get proper redress when they feel unfairly discriminated against. **Positively affect** the way suppliers of goods and services view and respond to older people.

- Participate in at least 2 Consultations
- Publish printed and electronic reports of surveys and opinion polls
- Make available data and statistical analyses with graphs and charts
- Distribute information in print or electronically
- Produce a Directory of goods and services of interest to older people in Bristol and surrounds
- Invite suppliers of goods and services for older people to advertise on the BOPF newsletter

The BOPF Newsletter includes a growing directory of information on help, advice, goods and service suppliers of special relevance to them, their families and their carers.
BOPF members participate in Consultations about policies and services

Educate

Service providers and outlets offering goods and services relevant to people over 55 on the best way to deliver services older people want and need, without bias. **Older people** on the accessing the Council's "Tackling Discrimination" services.

- Produce at least 2 "Best Practice" handbooks and guides, distribute to outlets and service providers, in response to member requests and/or as topics arise in the media or Council /NHS priorities
- Refer older people referred to the new "Tackling Discrimination" Council-funded service at Avon & Bristol Law Centre
- Use discrimination statistics to inform future policy and campaign work

The **quantity** and **quality** of information available to service providers about the specific needs of the older population in Bristol improves. Older people feel confident about making complaints about discrimination that are investigated and upheld.



BRISTOL OLDER PEOPLE'S FORUM

Canningford House
38 Victoria Street
Bristol BS1 6BY
Tel: 0117 927 9222
Email: bopf@ageukbristol.org.uk

President: The Lord Mayor of Bristol *Bopf is supported financially by Bristol City Council*

Forum Annual General Meeting

On Thursday 23rd May
At Broadmead Baptist Church
From 10:30am – 12:30pm

AGENDA

- | | |
|---------------|--|
| 10:30 – 10:40 | 1. Chairs Welcome |
| 10:40 – 10:50 | 2. President's Remarks – Lord Mayor |
| 10:50 – 11:10 | 3. Mayor Ferguson |
| 11:10 – 11:15 | 4. Minutes of the Last Annual Meeting 26 th May 2011 |
| 11:15 – 11:30 | 5. Annual Reports |
| | a) Chair's Report 2012 |
| | b) Forum Manager's Report |
| | i) Progress against Targets for 2011- 2012 and Draft Targets for 2012 -13 |
| | ii) Financial Report, Draft (unaudited) Accounts for 2011- 2012 and Draft Budget for 2011 – 2012 for consultation |
| | c) Appointment of Auditor: it is recommended that Mr S J Bangham of 11 Yewcroft Close, Whitchurch, be reappointed as the Forum's auditor for a further year. |
| 11:30 – 11:40 | Break |
| 11:40 – 12:00 | 6. Election of Forum Officers: there is a list of valid nominations received on page 16 and 16. There is also an attendance record for those who have held these posts during the past twelve members and a short description of members standing for the first time this year. |
| | a) Chair |
| | b) Treasurer |
| | c) Management Committee (12 places) |
| | We will hold a secret ballot at the meeting and appoint at least two tellers who must be members who are not standing for election. The votes will be counted during the meeting while we hold a short break. |
| | Members are reminded that to provide a fair and equal service to over 55s across Bristol we must involve members from different ethnicities, abilities, genders and sexual orientations in our management committee. |
| 12:00 – 12:20 | 7. Setting 3 campaign objectives for the year
(Expenses and membership forms will be available at the meeting). |
| 12:20 – 12:30 | 8. Any Other Business |

Meeting of the Bristol Older People's Forum Annual General Meeting at Broadmead Baptist Church on Thursday 17th May 2012.

Present: Judith Brown (Chair), Phyllis Watkins, Angela Auset, Keith Evans, Val Jenkins, Gloria Morris, Brian Richards, Zia Haque, Elaine Hutton, John Taylor, with Rosie Cripps (Forum Manager), 33 other Forum members and six guests (total 50).

1. **Chair's Welcome-** The Chair welcomed the members and the Lord Mayor.
2. **The Lord Mayor-** made a short speech as President of BOPF in which he affirmed how valuable the Forum is in its role of championing the cause of older people and advising the council on the relevant issues.
Dot Gibson of the National Pensioners Convention (NPC) - Gave a speech about the NPC's Care Campaign. She stated the NPC have focussed on two aspects of care: ensuring the NPC's Dignity Code is rolled out to institutions across the country and developing a Fair Care Campaign which is for a National Care Service paid for by taxpayers so older people can be treated with dignity and respect and not lose their family homes. Dot emphasised that the tick box mentality of politicians does not lead to a quality care service and that selling care off to private firms can result in low paid staff with low moral that are poorly trained and can not provide the care older people deserve. She gave an example of a young girl who was stood outside a smoking window who had left an older man in a flat full of smoke after putting a metal can of beans in the microwave. She urged us to join their campaign for a National Care Service, especially while care consultations are underway in Bristol.
3. **Apologies for Absence:** Pete Taplin, Val Jenkins, Albert Stewart, Mina
4. **Minutes of last AGM** – accepted as a correct record.
5. **Matters Arising** – None
6. **Annual Reports**
 - a) **Chair's Report** – The Chair gave a very brief report at the end of the meeting due to the amount to get through. She discussed Celebration of Age and referred people to her report in our Annual Review for 2011-12.
 - b) **Forum Managers Report** – Rosie explained that all the targets required by the council had been met. Our Forum target to increase BME membership to 5% has still not been achieved. She emphasised the need to prioritise this in the year ahead. The council have confirmed we will be funded until 2013 and told us it is likely we will then be funded from 2013 -16 if we meet our targets and monitor our services. Conditions of the funding are: we must work more closely with the other Equalities Forums, which was already in our objectives, and to later work with an anti-discrimination service which is to be commissioned. The unaudited accounts were formally accepted. A member asked a question about salaries being reduced. Rosie explained the difference between her own and George's salary. The Chair said the Management Committee will be reconsidering this.
7. **Election of Forum Officers :**
 - a) Chair: There was only one nomination. Judith Brown was declared elected.
 - b) Treasurer: There was only one nomination. Phyllis Watkins was declared elected.
 - c) Management Committee – There were thirteen nominations for the twelve positions. After a ballot, the following were declared elected: Ruth Bailey, Pete Taplin, Gloria Morris, Albert Stewart, Brian Richards, Keith Evans, Val Jenkins, Angela Auset, Judith Barnhurst, Zia Haque, John Taylor and Elaine Hutton.
 - d) Auditor- it was agreed that Steve Bangham be reappointed as the Forum's auditor.
8. **Campaign Targets:** Members split into groups with 6 facilitators. They each chose 2 campaign targets to discuss from the 3 issues members had chosen earlier in the meeting. At the beginning of the meeting, members prioritised issues most important to them from a list of 12 issues members had raised over the past year. Members chose: Heating, Health and Public Transport as the 3 issues they would like us to campaign on locally over the next year. The ideas they came up with on how to do this will be outlined in 3 action plans. It was agreed the information would be taken to the campaign meeting to agree on next steps for campaigns.
9. Zia Haque officially thanked Judith Brown for all her hard work. Thanks were also given to Geoff Birch, Iris Burton, Princess Campbell and Pat Roberts, who served on the Management Committee over the past year.

Management Committee Elections.

Below is a list of nominations for the Management Committee of BOPF for 2013 -2014. We want to ensure we represent all older people of all genders, ethnicities, sexual orientations and abilities and hope you will keep this in mind when you vote.

We have listed below how many forum meetings existing Management Committee members have attended over the past year. (Please be aware when voting that some members were unable to attend due to external circumstances, such as representing BOPF at other meetings, being co-opted onto the committee later in the year, or due to ill-health.)

Existing MC members standing again	Meetings attended out of 15
1. Angela Auset	15
2. Di Parkin	8 [#]
3. Elaine Hutton	12
4. Gloria Morris	11
5. Judith Brown	15
6. Keith Evans	11
7. Phyllis Watkins	9
8. Val Jenkins	12
9. Zia Haque	12

Di Parkin was co-opted later in the year

Please see below for information on new members who have been nominated this year.

On the day of the AGM we will ask members to vote by ballot. Our constitution rules prescribe that this must be a secret ballot. We will appoint at least two tellers, who must be members who are not standing for election. It is proposed that the votes be counted during a break in the meeting. Interested members can watch the count.

New Nominees.

Martyn Hancock.

Martyn is 64, has been married for 38 years and has three children. He moved to Bristol from Winscombe, Somerset, and has lived in Fishponds for 31 years. He attended Newfoundland School and has lived in St. Paul's Bedminster, Eastville, Old Market, Bedminster Down, Whitehall and St. Anne's Park. The son of a carpenter who worked on the doors and windows for the then Council House (now City Hall). His father became a publican and was landlord at the Punch Bowl, Old Market, the King's Head Inn, Bedminster Down and the Beaufort Arms (the "*Beat em 'n Wackum*" – now just the *Wackum*), Whitehall.

Martyn helped set-up 3 charities in Bristol, so that everyday vulnerable people can get help in East Bristol. He is currently a Trustee/Director and Company Secretary of the Disabled Travel Service and East Bristol Advice and Information Centres, as well as being Company Secretary for Accessible Transport 4 U.

Martyn's passion is helping vulnerable and disabled people to help themselves; his secondary passion is Bristol and its history. He has been involved in campaigning in Fishponds and believes cycling on pavements is a hazard.

BOPF Meeting Dates 2013- 2014

Campaign Group	04 July 2013	10:30 - 12:30	
Campaign Group	05 September 2013	10:30 - 12:30	
Campaign Group	07 November 2013	10:30 - 12:30	
Campaign Group	09 January 2014	10:30 - 12:30	
Campaign Group	06 March 2014	10:30 - 12:30	
Campaign Group	08 May 2014	10:30 - 12:30	
MC Development Day	16 January 2014	10:30 - 15:30	
Management Committee	20 June 2013	10:30 - 12:30	
Management Committee	08 August 2013	10:30 - 12:30	
Management Committee	17 October 2013	10:30 - 12:30	
Management Committee	05 December 2013	10:30 - 12:30	
Management Committee	06 February 2014	10:30 - 12:30	
Management Committee	17 April 2014	10:30 -12:30	
Open Forum	18 July 2013	10:30 - 12:30	
Open Forum	19 September 2013	10:30 - 12:30	Malcolm X Community Centre
Open Forum	21 November 2013	10:30 - 12:30	
Open Forum	09 January 2014	10:30 - 12:30	
Open Forum	27 March 2014	14:00 - 16:00	Easton Community Centre
Volunteers Evaluation	14 February 2013	10:30 - 12:30	
Volunteers Evaluation	05 March 2014	10:30 - 12:30	

All BOPF meetings are held in accessible venues.



Our management committee's development day, at Age UK Bristol's offices, discussing the excellent training we received from Holly Hawkins, of Avon & Bristol Law Centre, on the pros, cons and requirements of becoming a Registered Charity.

How to contact us or get involved.

Contact details

Chair: Judith Brown

Forum Manager: Toni Massari

Finance and Administration Officer: Yolanda Pot

You can contact us by telephone on Tuesday to Thursday 10am - 6pm or

Telephone: 0117 927 9222

Email: bopf@ageukbristol.org.uk

Website: www.bopf.btck.org.uk

Address: c/o Age UK Bristol,
Canningford House,
38 Victoria Street,
Bristol,
BS1 6BY

How you can get involved:

If you are 55 or over and live in Bristol, you can become a member for free;

- You will **receive our newsletter 3 times a year.**
- You can **attend any of our Open Forum meetings** where we disseminate information, invite informative speakers to talk on issues relevant to over 55's, co-ordinate participation in consultations, give you the opportunity to have a say on decisions which affect you and influence decision makers in Bristol.
- If you're a campaigner at heart, you like getting involved in the action or enjoy volunteering; you can also **attend our campaign meetings**. This is where we plan and co-ordinate action on our campaigns, and consider what we can do to tackle the issues raised at forum meetings. We may ask you to do some research, to attend a meeting on behalf of the forum, give us some ideas on what we can do to bring about change in the community, take part in street stalls or simply rally friends and neighbours round to take part in petitions - you can be involved as much or as little as you like.
- If you want to **volunteer**, but campaigning isn't for you, we have plenty of other opportunities from packing envelopes to designing our newsletter, taking photographs or updating our website!

If you share our belief that every person over 55 should be an equal, valued, and participating member of the community who can influence the decisions which affect their lives, why not become a member or get in touch! Simply contact us using the details above with your name telephone and address and we'll call back to share some ideas with you.